



## Creekview Sideline Cheer Constitution

### **Contact Information:**

#### **Sideline Cheer**

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**Philosophy:** We are a united Cheer family here at Creekview. We support all sports and extracurricular programs with the utmost integrity. We are dedicated to lifting the spirit of Creekview by committing ourselves to building a program that supports and encourages athletes to be well-rounded, responsible, and positive in all aspects of their life. We are dedicated to setting the best example possible for all present and future Grizzlies.

**Purpose:** The purpose of this sport shall be to promote and uphold school spirit, to develop a sense of good sportsmanship among students, to build a better relationship between schools during athletic events, and to promote the safety and integrity of cheerleading.

#### **Uniforms:**

A. Uniforms are the property of Creekview High School. Your coach must approve any alterations or adjustments to the uniforms. If you alter a uniform without permission, you may be required to pay for the replacement of the uniform.

B. Uniforms are to be cleaned after each game. Do not iron or dry clean the uniforms. Follow laundry directions on the uniform tag and do not remove the tags from the uniform.

C. Uniforms and equipment will be signed out by the cheerleaders and should be returned one week after the last game of the season. Uniforms must be cleaned and on a hanger. Failure to turn these items in promptly and in good condition will result in an office debt for the price to replace the uniform.

D. All cheerleaders are required to wear proper under garments that have been approved by the coach.

*E. Uniform attire includes white ankle socks, white cheer shoes, bloomers, sports bra, hair bow, uniform shell and skirt, and pom-poms. All cheerleaders are required to have all items on game day.*

## Practice & Games:

### **Attendance: Games /Practice (see consequences policy below for more details):**

- A. Cheerleaders must attend all practices, games (including play-off games), meetings, pep-rallies, team building events, and fundraisers during the season. After August 1<sup>st</sup> all games, practices & events are mandatory.

### **Attire:**

A. All cheerleaders are expected to arrive in their CLEAN uniform and prepared to cheer at all games. This includes your hair up and bangs pinned back. On game days, wear the appropriate shirt, track suit pants, shoes, and skirt to school and have your cheer bag packed with pom poms, jackets, socks, long-sleeve crops, bloomers, bows, hair ties, braces, and all other necessary cheer accessories. The coach will indicate appropriate game day attire for school.

B. All cheerleaders must wear the appropriate practice clothes at all practices and events. At practice, hair must be pulled away from the face with an elastic band and long bangs must be pinned back.

C. Fingernails must be kept at an appropriate length: if they can be seen from the palm side, they must be cut. Only clear nail polish will be allowed at games. Per GHSA rules/regulations **NO ACRYLIC NAILS** are allowed.

D. **NO JEWELRY** of any type will be allowed including: earrings, rings, bracelets, watches, belly rings, necklaces, nose rings, tongue rings, etc. Medical alert tags may be taped to the body. Tattoos must be appropriately covered at all times including practices. **NO GLITTER whatsoever in accordance with GHSA rules.**

### **Games:**

A. Cheerleaders must attend all games. All cheerleaders are required to ride the bus to away games. You may ride home from a game with a parent only. Cheerleaders and their parent driving them home must sign out with the coach before leaving the game.

B. All Cheerleaders must be in the same attire at the game. You should dress in uniform (top & skirt). You are to look identical meaning you all wear skirts or warm up pants, not a mixture. This also applies for your attire to school the day of the game.

**Lettering:**

A. Only Varsity cheerleaders can letter. To letter you must meet all of the requirements:

a. Must finish the season academically eligible and pass 5 out of 6 courses

B. If cheerleaders are removed from the team or quit the team during the season, they will not receive a letter.

C. Must participate in all events designated by the Coach which include fundraisers, practices during season, team building events, and games.

**Academics:**

Academics come first, and cheerleaders must meet all the eligibility requirements of GHSA. Eligibility will be checked through administration at the end of each grading period.

**Fundraising:**

A. During the year, cheerleaders will participate in fund raising projects. Each cheerleader is expected to raise funds for its operational costs, clinics, uniforms, and other cheerleader accessories.

a. **Football Cheerleaders** will sponsor the Miss Auberon Pageant, and attendance is mandatory for all football cheerleaders and parents the day of the event.

B. Each fund-raiser will have a team minimum. Fund-raisers cover purchases such as our uniforms, team building events, and possibly a portion of mandatory fees. You will be notified prior to each fund-raiser the amounts of the team minimum.

C. Parents are expected to participate in the fundraising process. You are required to be at all fundraising events unless the coach has stated otherwise.

**Camp:**

This is a chance for athletes to learn new skills and bond as a team.

A. All the expectations that are in this document apply while we are at camp.

**Cell Phone Policy:**

A. Any time you are with your team, whether it be team building events, practice, games, or competitions, you are not to be on your cell phone. Your cell phones must be turned off, and they must not ring during practice, games, or competitions.

B. Your coach will allow you to call your parents in the event that practice is running late or early, etc...

## **Grizzly Reputation**

### **Attitude:**

- A. Anytime you enter practice, games, or competitions, you must have a positive attitude. You need to leave all cares, worries, concerns, or issues at the door.
- B. When you are at practice you need to have respect for all persons in the building which include ALL coaches, teammates, school officials, parents etc...

### **School Appearance:**

- A. All cheerleaders must uphold the school's code of conduct and dress code while they are on school grounds for any reason.
- B. Cheerleaders are LEADERS, and we lead by example.

### **Social Media:**

- A. All cheerleaders must have a respectful image on any social networking site. Creekview Cheer Program will not tolerate: bullying, inappropriate posts or pictures such as sex, drugs, alcohol, or profanity.
- B. Rule of thumb: Don't post anything that you don't want your coach, parent, grandparent, or school administrator to see.

### **Drugs and Alcohol:**

- A. If a cheerleader is caught with drugs or alcohol and is given a citation, the cheerleader has 1 day to report the incident to the coach.
- B. We will follow the discipline policy laid out in the Cherokee County Discipline Handbook, appendix J.

### Consequence Policy:

The consequence policy applies to all cheer events, school, and activities, and will be upheld by all coaches in the Creekview Cheer Program. The coaches have the right to change or bump a punishment at their discretion depending on the severity of the behavior.

#### **Consequences for late/missed game(s):**

Missed Game (1 Offense)	Varsity, JV, Freshmen: Sit out 1 <sup>st</sup> half of the next game or run mile at practice if practices are still in session
Missed Game (2 Offense)	Varsity – Will NOT letter (if unexcused), sit out 1 <sup>st</sup> half of the next game or run mile at practice if practices are still in session Freshmen, JV: Removed from squad, cannot try out the following year.
Missed Game (3 Offense)	Varsity – Removed from squad, cannot try out the following year.
Late to Game	Sit out first quarter (3 offense, removed from squad)
Late from ½ time	Sit out third quarter (3 offense, removed from squad)
Missed Duty on Assigned Game	Sit one quarter (3 <sup>rd</sup> offense, removed from squad)

#### **Consequences for late/missed practice(s):**

Missed Practice	Sit 1 <sup>st</sup> quarter at the next game (3 offense, removed from squad)
Late to Practice	Run a mile at practice (5 offense, removed from squad)
Missed Duty assigned at Practice	Sit one quarter (3 <sup>rd</sup> offense, removed from squad)

**\*\*Please Note: If you quit before or during your season, then you will not be able to receive a refund for any money that has been paid to any of the Creekview Cheer programs if the date of quitting is after the first order is placed. Also, you will not be eligible for the next season try-outs for the teams that you previously quit. If you quit a team, then you will not be eligible to try-out for the next season. This also includes if your cheerleader has been removed from the team.**